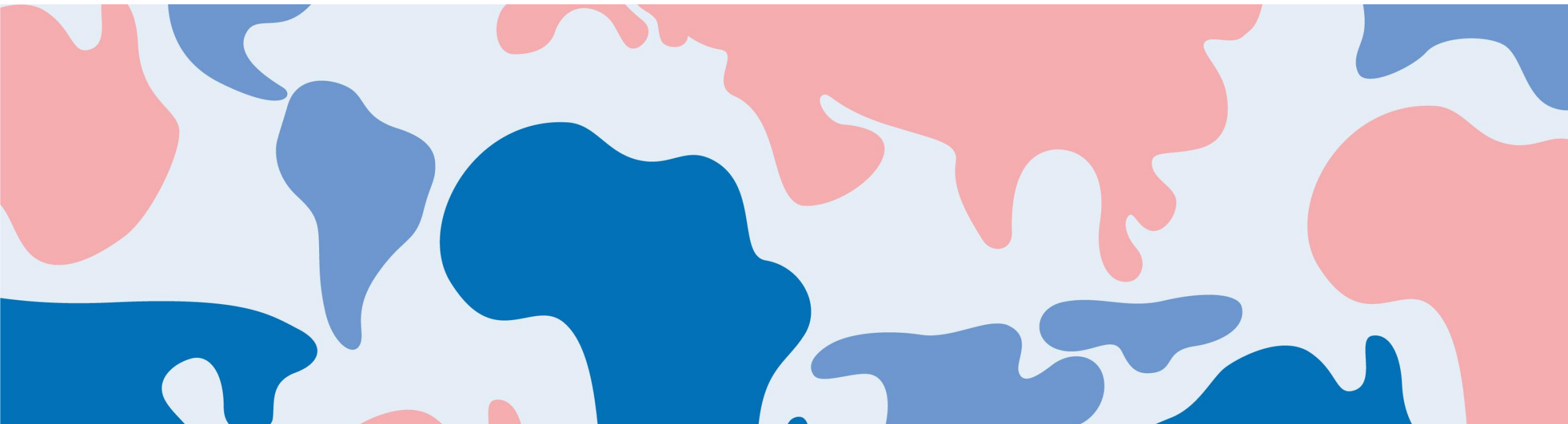




Universität Hamburg
DER FORSCHUNG | DER LEHRE | DER BILDUNG



PIASTA Welcome Week

Who, What, Where? A Short Guide to the University

Welcome to our information session!

Let us know where you're watching from and what you're studying!



Copyright: UHH/Göttling

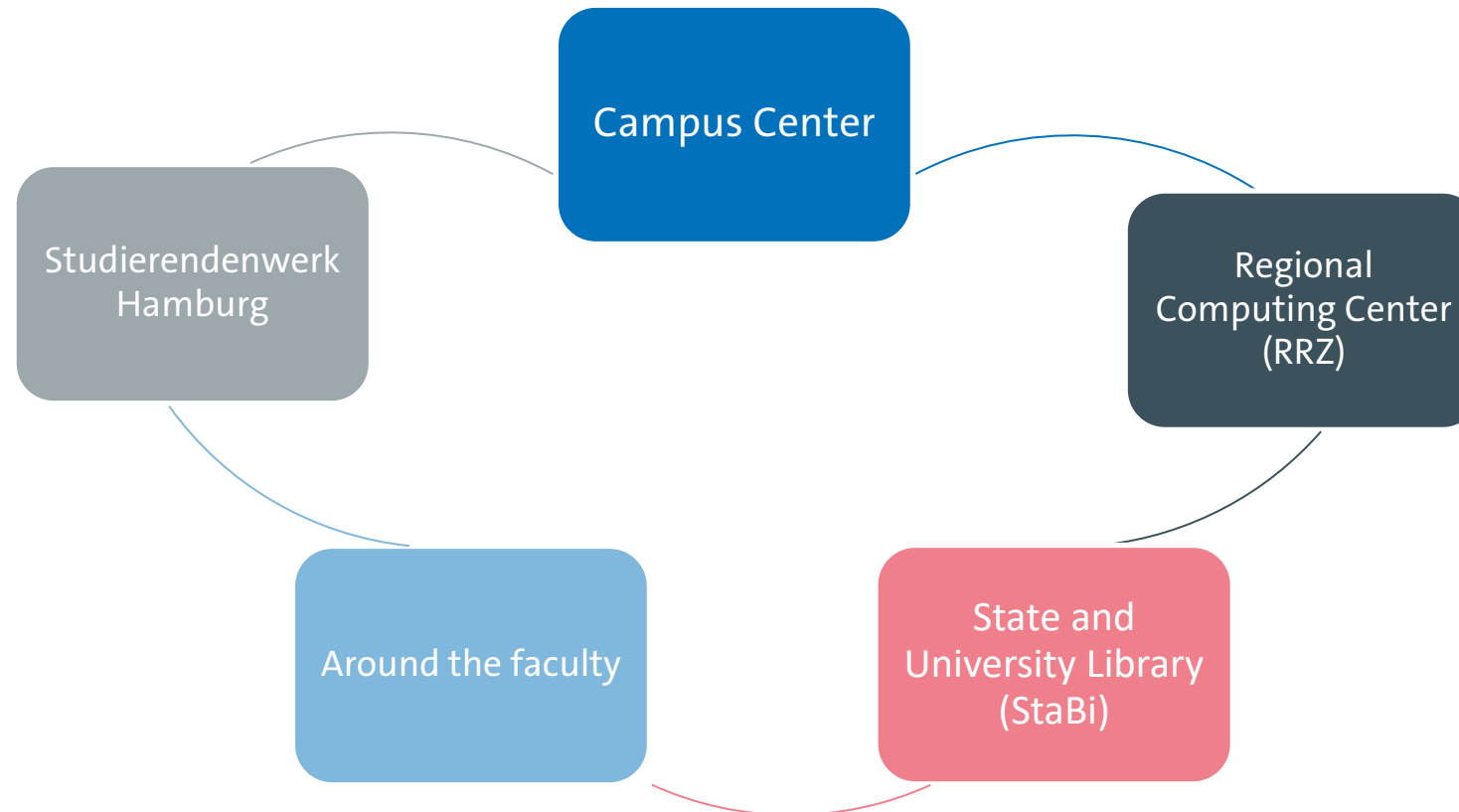
Guide to Universität Hamburg

1. Who can support me in organizing my studies?
2. Where can I find help with questions and challenges?
3. What extra learning opportunities are available to me?
4. How can I get involved in political and inter/ transcultural activities?
5. What leisure and recreational options does the University offer?



1. Who can support me in organizing my studies?

Organizing your studies



Around the faculty: academic office and departmental student representative committee

Academic office:

- First point of contact for questions about planning and organizing your studies
- STiNE (e.g., course selection, entry of completed coursework, and examination registration)
- Advice on required and elective subjects

Departmental student representative committee (FSR):

- Organization of orientation modules (OEs)
- Student advising service for study-related matters

[Further advising bodies : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

Campus Center

- Applications and admissions
- Enrollment
- All further administrative processes during your studies (e.g., semester public transport pass and semester contribution)

[Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

Service Point and Service Telephone

First point of contact for any questions about studying at Universität Hamburg

[Information and Advising on the Phone : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

Campus Center Forum

Online information and advising

[Information and Advising Online : Studies : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

Studierendenwerk Hamburg

[Home: STW Hamburg \(stwhh.de\)](https://stwhh.de)

Accommodation

- 26 residence halls with around 4,400 places
- Counselling Centre Accommodation (**BeWo**) for questions about accommodation

Student financing

- Federal student loan scheme, grants, scholarships, and funding abroad
- Counselling Centre for Study Financing (**BeSt**) for questions about financing your studies

Social and international affairs

- Social, personal, and financial problems
- Students with children, international students, and students with chronic illnesses
- Counselling Centre for Social and International Affairs (**BeSI**) for questions about social or international affairs

Studying as a parent

- Childcare centers
- Accommodation for single student mothers
- Flexible childcare services at **Family Service**

Regional Computing Center (RRZ)

- STiNE
- Wi-Fi and VPN
- University email
- Software for your studies
- Technical support
- Equipment rental

[Regionales Rechenzentrum :
Universität Hamburg \(uni-
hamburg.de\)](https://www.uni-hamburg.de/rrz)

Contacting the RRZ:

Tel: +49 40 42838-7790, Mon–Fri: 9am - 3pm
rrz-serviceline@uni-hamburg.de

State and University Library Carl von Ossietzky (Stabi)

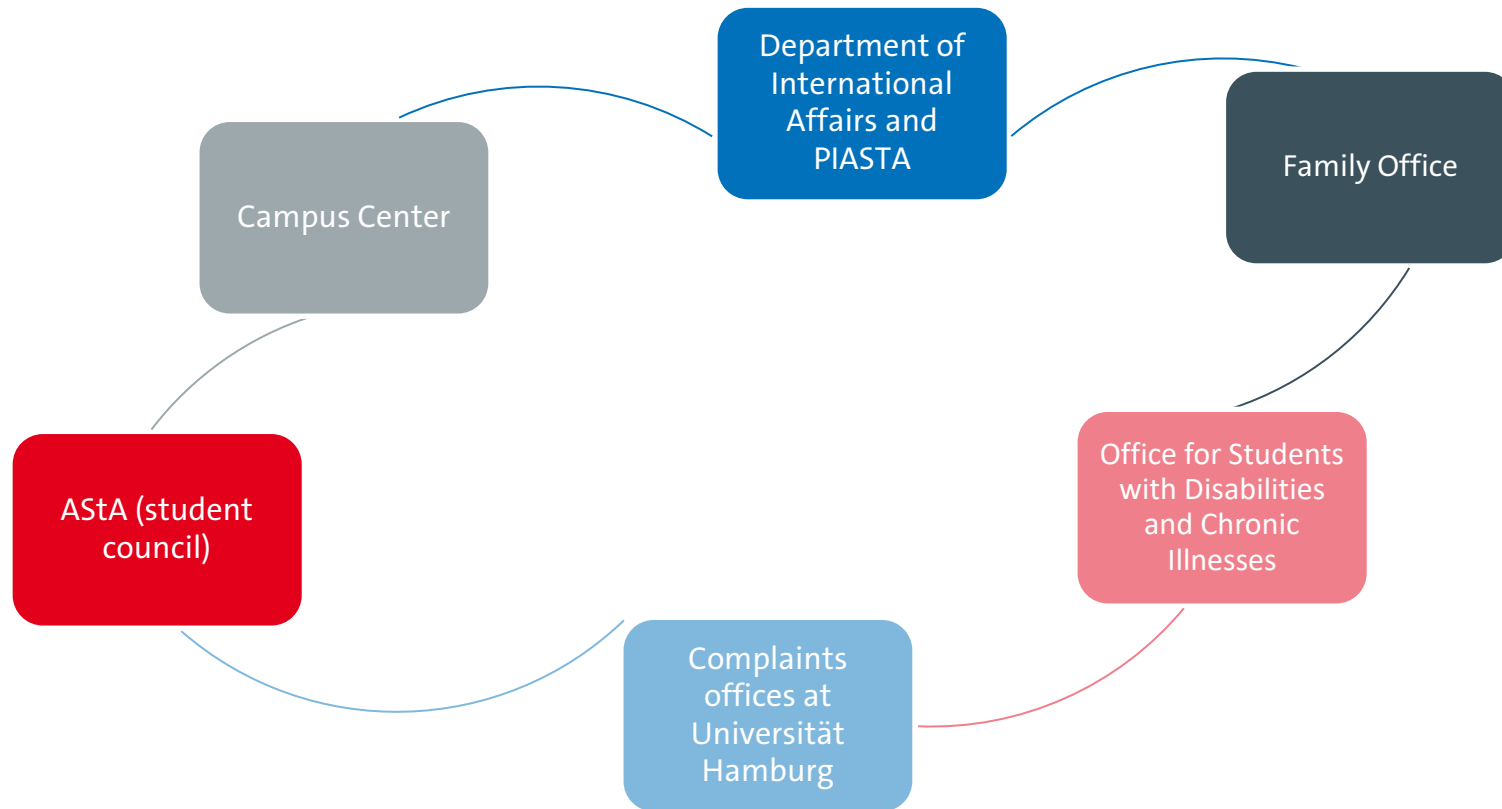
- Digital catalog
- Workstations
- Database access
- Borrowing and picking up books
- Central library for all subjects
- ONLY subject-specific books in departmental libraries



[mehrsprachig | SUB Hamburg \(uni-hamburg.de\)](https://mehrsprachig.SUB-Hamburg.uni-hamburg.de)

2. Where can I find help with questions and challenges?

Advising





Campus Center

Center for Academic Advising

- Services for prospective students, including refugees
- Advice on all questions related to your studies (e.g., performance pressure, stress, exam anxiety, and time management)
- Advice on dealing with doubts regarding studies (continue, change, or drop out?)

Psychological counseling

- For worries and needs (e.g., self-doubt, learning difficulties, and fears)
- Advice on sexual harassment, discrimination, and violence
- Support for students with mental illness (HOPES)

Department of International Affairs and PIASTA

For international students:

- **Department of International Affairs:** advice on residential, social, and personal matters
- **Justus Linz (attorney):** legal advice
- **Katharina Gottwald:** Advice on scholarships

For all students:

- Studying abroad (Erasmus+, worldwide, scholarships)
- Certificate Intercultural Competence (CIC)



Family Office

STUDYING AS A PARENT

WORKING PARENTS

ACADEMIC AND FAMILY LIFE

CONTACT



Welcome to the Family Office

at Universität Hamburg



Photo: luxuz/Photocase

Family-friendly studying

Parental leave

Leaves of absence

Regular childcare

Office for Students with Disabilities and Chronic Illnesses

- Consultations
- Statements for teaching staff and examinations boards
- Organization of visits and events
- Introduction to using assistive technologies

Advice and help

Conflicts related to examinations:

- Ombudspersons (lecturers or student body representatives) in every faculty

Discrimination during your studies:

- Discrimination Complaints Office for Students
- Goal is discrimination-free environment for studying at Universität Hamburg

Sexual harassment, discrimination, and violence:

- Campus Center Contact and Advising Services
- Discrimination Complaints Office for Students

AStA (General Student Committee)

Academic, legal, and personal advising

Advice on federal student loan scheme

Labor law advice

Tax advising for students

Semester public transport pass hardship fund

Advice for students with children

Student-to-student psychological counseling

The semiautonomous sections continue to provide advising services in the following areas:

- For students with disabilities and chronic illnesses
- For international students
- For women and trans, intersex, and nonbinary people

Studien-, Rechts- und Sozialberatung im AStA

**Von-Melle-Park 5
Raum 0043**



We provide advice on the following topics

- **University and examination law**
- **student status: application, requirements**
- **citizen's benefit (Bürgergeld)**
- **housing allowance (Wohngeld)**
- **health insurance**



current office hours

**winter semester
2025/26**

Tuesday	10.30- 14.30
Wednesday	13.00-17.00
Thursday	09.00-13.00
Friday	09.00-13.00

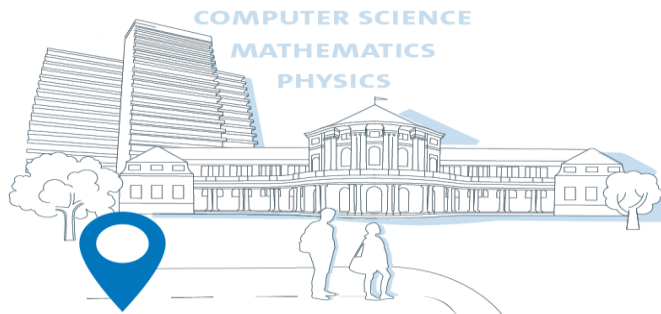


Current changes can be found on our website.

All advisory sessions are generally held in person.

3. What extra learning opportunities are available to me?

MIN För Hamburg (STEM studies for International Students: Promotion for the Hamburg labor market)



**Preparation Module:
FIT to Hamburg**
including online tutorials on enrollment, visa and arrival

PIASTA



**Module 1:
FIT into your studies**
e.g. through reflection phases on the course of studies, specialized language courses or interdisciplinary networking opportunities

**For teacher training:
Work shadowing and reflection**

**Module 2:
Fit for the job market**
e.g. through the acquisition of transversal skills, an overview of the Hamburg job market or job-specific language courses



**Module 3:
FIT for networking**
e.g. through mentoring, networking events and international alumni talks



You can find the current semester program on our website and on UHH Join!

In-person and online workshops

- Career Info Session (18 Mar 2026)
- Orientation Day (08 Apr 2026)
- Walk & Talk: New Work (22 Apr 2026)
- Reflect & Connect (13 May 2026)
- Student Ambassador Training (11 May 2026)
- Body Language & Boundaries (20 May 2026)
- Mock Interviews (27 May 2026)
- Academic Cultures (29 May 2026)
- Personal Potential & Skills Analysis (09 May 2026)
- Emotional Awareness & Resilience (03 Jul 2026)

Contact for all matters relating to
MIN För Hamburg

Franziska Werner-Saidi

Project Coordinator
Dept. of International Affairs

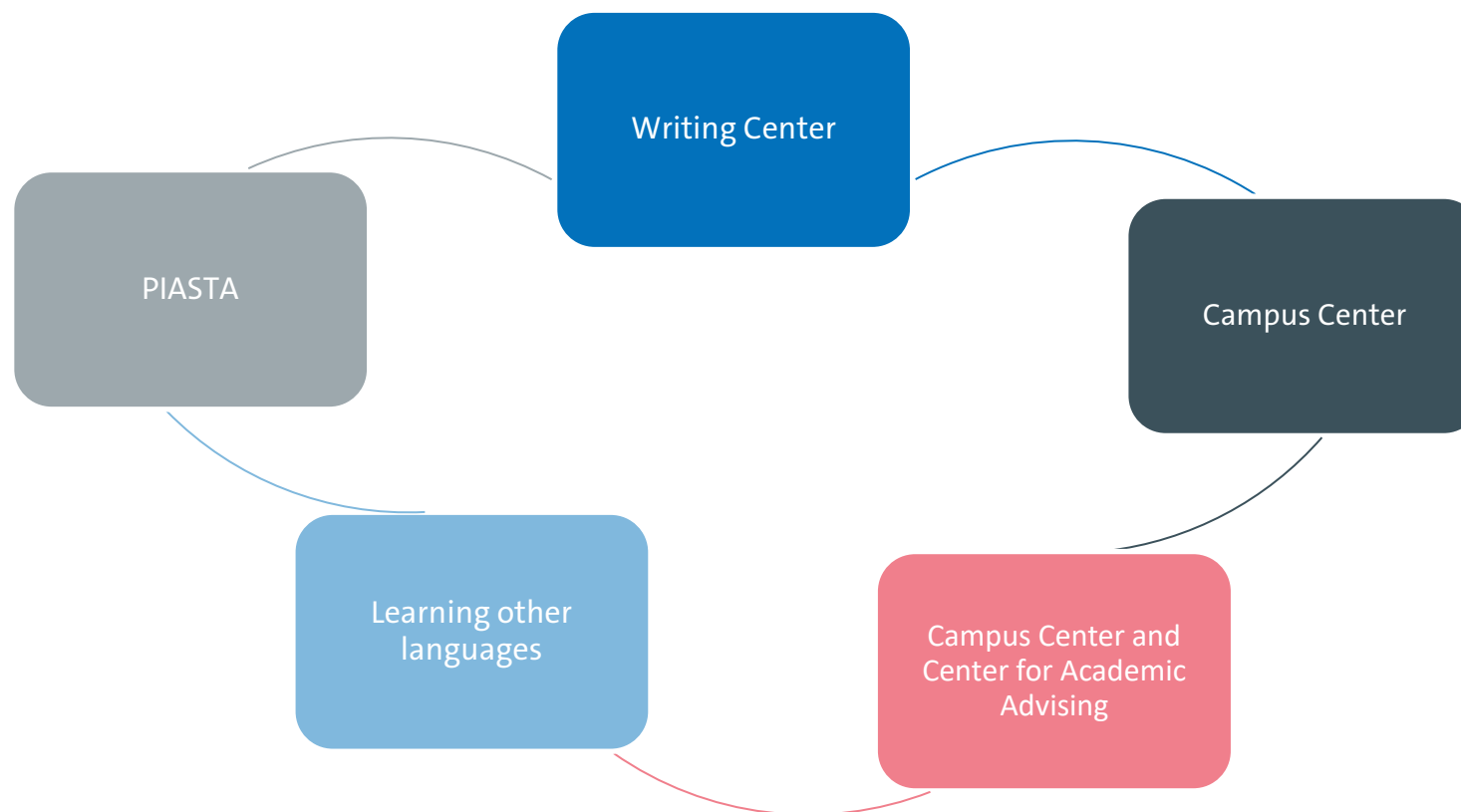
Tel: +49 40 42838-3495

Email: min-foer-hamburg@uni-hamburg.de

Website: www.uni-hamburg.de/min-foer-hamburg



Additional Learning Opportunities



PIASTA Seminars & Workshops

Allyship in Practice: From Privilege to Active Solidarity

Anti-Muslim Racism – Recognizing, Naming, and Acting

Taking a Clear Stand: Developing a Critical Stance Against Antisemitism

Rethinking and Questioning Norms: Race, Identity, and Systemic Change

In cooperation
with PIASTA

Writing Center



Foto: Pexels/Morillo

Writing Workshops



Foto: Pexels/mentatdgt

**Individual
Consultations**



Foto: Pexels/Lewis

Weekly Write-ins

Career Center

- Advising
- Mentoring
- Application coaching
- Seminars and workshops
- Career days

[Career Center – Getting off to a good start :
Universität Hamburg \(uni-hamburg.de\)](https://www.uni-hamburg.de/career-center)



Campus Center

Workshops

- Orientation
- Motivation
- Organizational skills
- Mental health



Foto: UHH/ Schell

Learning languages at the University

General languages: levels A1–B1 with course fees

[General Languages : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

University Language Center: levels B2–C2 free of charge

[University Language Center : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

PIASTA: language cafés and language tandems

[Experiencing languages : PIASTA : Universität Hamburg \(uni-hamburg.de\)](https://uni-hamburg.de)

Languages offered: Arabic, Chinese, Danish, Dutch, English, French, German as a foreign language, German Sign Language, Italian, Japanese, Korean, Latin, Low German, Portuguese, Russian, Spanish, Swedish, Turkish



4. How can I get involved in political and intercultural activities?

Political and inter / trans cultural involvement

AStA (student council)	PIASTA	Student associations and initiatives
<p>Appointed by the elected student parliament</p> <ul style="list-style-type: none"> • Represent students in politics, administration, and public • Support students with problems at the University • Welcome Week, cultural courses, and political educational activities 	<ul style="list-style-type: none"> • Welcome Week • Welcome Buddy Program • International nights • Cultural events and leisure activities • Seminars and workshops • Language cafés • Language tandems • PIASTA Support Café • PIASTA : Universität Hamburg (uni-hamburg.de) 	<p>Here are just some:</p> <ul style="list-style-type: none"> • Internships abroad with AIESEC • Make the world a better place with Enactus • University Players • ESGroovt • Queer-Section • Refugee Law Clinic • Wurzelwerk – Urban Gardening Projekt



5. What leisure and recreational options does the University offer?



Copyright: UHH/Esfandiari

Leisure activities

University Sports	Music	Theater
<ul style="list-style-type: none">• Indoor• Outdoor• Online activities• Trips and outings• BEAT! (student health management)• https://www.hochschulsport.uni-hamburg.de/	<ul style="list-style-type: none">• Choir• Orchestra• Jazz band• https://www.unimusik.uni-hamburg.de/mitmachen.html	<ul style="list-style-type: none">• University Players• Kalliope Theater• https://www.uni-hamburg.de/lp-oeffentlichkeit/uni-hochkultur/kulturformate-der-uhh.html• https://www.uni-hamburg.de/campuscenter/campus-leben/freizeit.html

Free ticket for new students

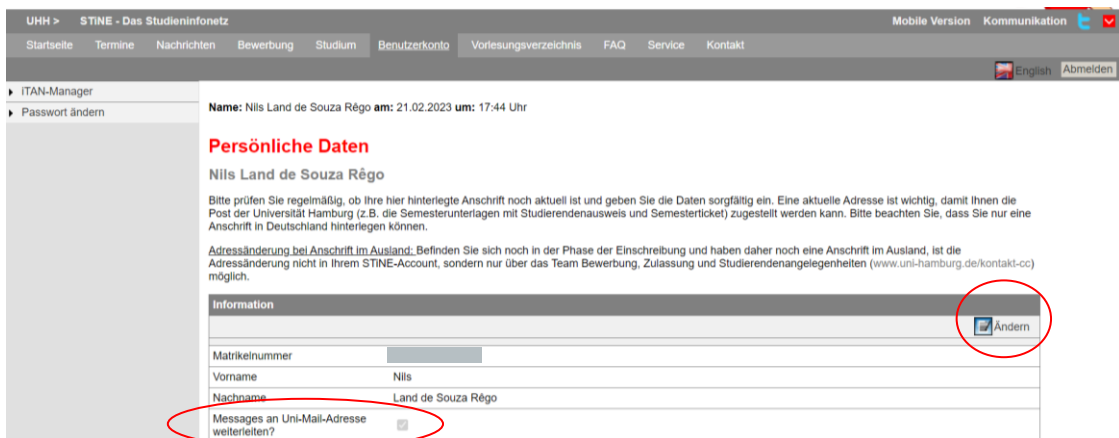
- For all students in the first and second semester
- Valid for 4 months - from November to February
- Free access to over 40 cultural institutions in the city, including:
 - *Elbphilharmonie, Hamburg State Opera* or the *Thalia Theater*
 - Please note that the availability of free tickets at some institutions is limited. For more information, please visit:
<https://meinefreikarte.de/>
- You can pick up your free ticket from the [AStA office](#) upon presentation of your student ID.



Foto: AStA UHH

STiNE

- Not an email system – an internal news portal run by the University
- Linking to Surfmail: STiNE portal → Account → Forward messages to uni-mail-account → Change

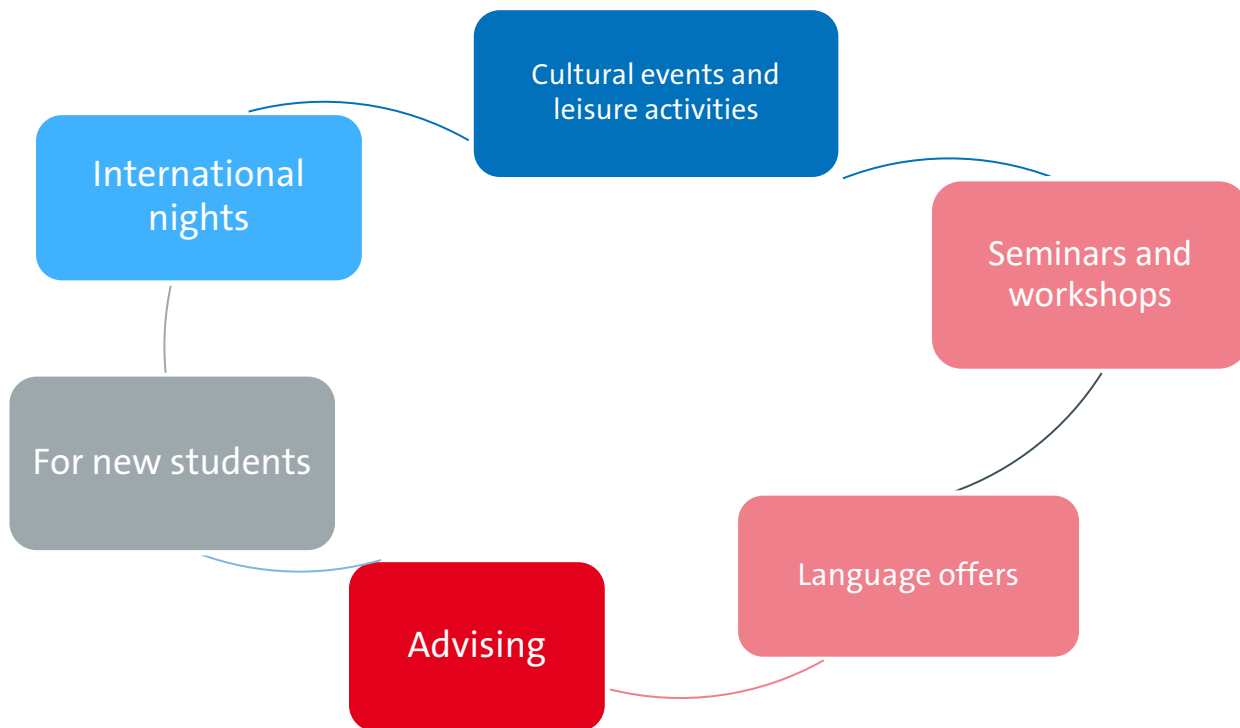


Surfmail (@studium.uni-hamburg.de)

- All students have their own University email address
 - [Instructional video to set up your student email address \(DE/EN\)](#)
- **Important!** When communicating with teaching staff, academic advisors, classmates, and any other university staff, **you should always send mails using your uni-hamburg.de email address.**
- Linking to your private email address:
 - Surfmail → Filters → Forward → enter desired email address → Save

We can't wait to meet you!

PIASTA offers during the semester:



Copyrights: Universität Hamburg / PIASTA

[More information and registration](#) **UHH JOIN**

How can you stay in touch with us?

PIASTA on Instagram

- Info about upcoming events and offerings



[instagram.com/piastauhh](https://www.instagram.com/piastauhh)



PIASTA website

- Overview of all our events and advisory services that we offer
- You can register for all our events via [UHH-Join](#)

Newsletter

- Info about upcoming intercultural learning opportunities and workshops
- Job offers for students
- General info about PIASTA Events

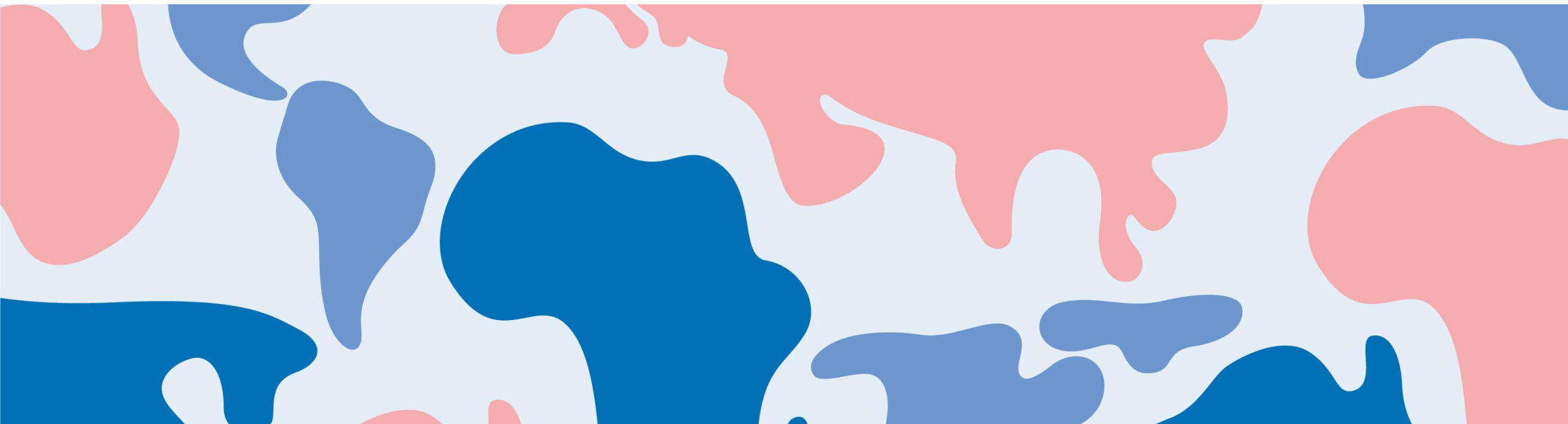
[Sign up here!](#)



Online survey about Welcome Week

- We work hard to plan events and activities and would love to get your feedback.
- Our team will hand out a QR code for a questionnaire at in-person events. After you have taken part in your last event of the week, let us know how the week went for you.
- No QR code? No problem. At the end of Welcome Week, we can also give you an email link for the online questionnaire.
- After your last event at the end of the week, take a few minutes to answer the questions.

Thank you!



Thank you for your time!

Time for questions😊